

YOUNIQUE SKIN CLINIC PEELS

At Younique Skin Clinic we also use a range of unbuffered peels in varying strengths compounded by a compounding pharmacist, this ensures quality and efficacy of product with real results.

GLYCOLIC and LACTIC ACID PEEL: Excellent for enhancing evenness of tone and luminosity to skin surface. Also known as the lunch time peel. These peels are an excellent option with minimal visible peeling, so treatment can be done at any time and no one will know. Price on application

Glycolic and Lactic acid are Alpha- Hydroxy Acid (AHA). They are wonderful for boosting the skin's turnover, loosening thickened surface layers that appear as dry, rough, and scaly skin. When the upper most layers are sloughed away, a smoother texture, healthier more luminous skin is revealed. Glycol and lactic peels are fantastic to treat acne, teenage congested skins, mild sun damage, pigmentation and loss of elasticity. Superficial to medium depth peel depending on percentage strength.

We recommend five to six peels at weekly intervals, though treatment frequency will be determined at consultation.

JESSNER PEEL - Especially recommended for oily and acne prone skin, enlarged and blocked pores, fine lines and moderate sun damage. Price on application

This peel is stronger than Glycolic and Lactic acid peels. Three key ingredients: lactic acid, salicylic acid and resorcinol. These ingredients work collectively to deeply penetrate the skin to remove congested sebum and dead skin cells.

A Jessner peel will visually retexture thickened or oily skin, improve the appearance of enlarged pores, surface scarring, pigmentation and exfoliate the skin's upper layer, allowing improved absorption of products. Individual results may vary.

Contraindicated for anyone that has a sunburn, cold sores, or severe Asthma, Lupus, Rosacea, Eczema, Psoriasis, pregnant, breastfeeding and those with chronic skin conditions will not be able to have a Jessner Peel performed. It is not recommended for those with darker skin tones.

Those with severe cystic inflamed acne should also not have this procedure performed. If there are skin lesions or broken skin, the Jessner Peel will not be able to be performed. If one has used Accutane in the past 6 months, a Jessner Peel is also contraindicated.

- Those taking vitamin A topical need to be off them for at least one week prior to a treatment
- Skin preparation is required for two weeks prior to having this peel
- Consultation and test patch required 48 hours prior to peel

We recommend three to six peels at fortnightly to monthly intervals. This is dependent on your skin type and skin condition.

TCA PEELS - One of the original skin rejuvenation peels, TCA peels are recommended for men and women of all ages wanting to improve moderate to severe sun damage, uneven skin texture, signs of ageing and minimise pigmentation. Price on application

TCA is a nontoxic chemical (Trichloric acid) which has been used for over 20 years. It is a relative of vinegar (acetic acid). TCA peels cause the top layers of cells to dry up and peel off over several days to a week, revealing a new layer of undamaged skin, with more even tone and smoother texture. A TCA Peel boasts many benefits for both the look and feel of the skin. It will restore radiance and rejuvenates the skin, smooths and plumps, firms and hydrates and minimises the appearance of sun damaged skin including pigmentation.

Skin must be prepared for two weeks with home care prior to the peel to aid in even penetration of the peel. Seventy-two hours prior to treatment all exfoliants (home scrubs) must be ceased. All scrubs and harsh products should be avoided on the day of the peel and post peel during the skin peeling phase. Post peel instructions will be provided.

Consultation and test patch required 48 hrs prior to peel.

With our strength of TCA Peels we recommend 3-5 peels scheduled 3-4 weeks apart.

"PUSH" your skin further with our advanced power peeling double layered peels!
Priced from \$20.00

Whether it be double enzymes, layering of peels or applying leave on peels for 5+ hours, these are the seriously skin transforming treatments you want to have. These can be done as a once off booster, although for superior results we recommend a peeling program of 4-6 peels to achieve dramatic results.

For stronger results with most of our peels we recommend combining microdermabrasion with treatment peels.

It is imperative that a SPF 30+ minimum sunscreen is worn everyday while undertaking peel treatments.